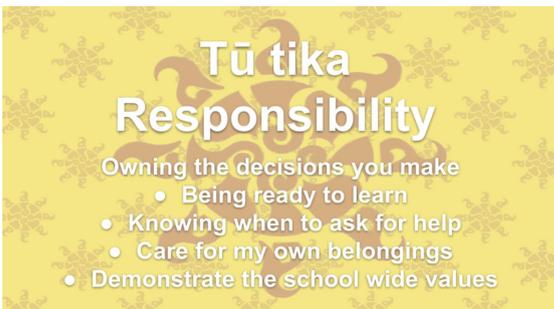


WHOLE SCHOOL NEWSLETTER

We have had a great second week back at school with everyone getting in the swing, learning new routines, names and faces.

At the end of last year the Gulf Harbour School Board of Trustees and Senior Leadership Team met to discuss what is really important to us. We spent a long time unpacking this and eventually came up with a short strap line that we believe sums up our overall purpose: **‘TEACHING AND NURTURING OUR COMMUNITY TOGETHER’**. The word *‘TOGETHER’* is extremely important as we only have your children for 11% of the whole year. This means that we cannot perform a miracle without support from home. We need to work together, school and home, with aligned values and expectations.

For the first few weeks of this new term we are concentrating on teaching the children our school value of RESPONSIBILITY. There are lots of ways you can support us at home by:



1. Setting limits.
2. Saying no from time to time.
3. Holding your **child** accountable.
4. Establishing and enforcing rules.
5. Setting clear expectations.
6. Encouraging your **child** to give back in some way.
7. Assigning chores and making sure they get done.
8. Setting and following through with consequences.

We know how hard it is to be consistent and that often it is just quicker and easier to do things ourselves rather than persevere with a child. However, this really does pay off in the long run.

We have sadly noticed already that many of our children as young as 7 and 8 years old have access to apps and online games that are way beyond their years. We ask that as responsible parents you regularly check your child's devices and privacy settings. We also recommend checking out [common sense media](#) for reviews of any apps, movies and games you are unsure of.

One of the apps lots of children appear to have access to is TIK TOK. Whilst this may be advertised as a harmless and fun free social media app that lets you watch, create, and share videos, we need to remember that using any social network can be risky.



Our biggest advice to all parents is just to let our kids be kids for as long as we possibly can. There are so many years ahead of them to use these apps. From our experience, allowing primary aged children to have access to social media apps has no benefits to them whatsoever. It is imperative that YOU monitor their usage and that the children understand the dangers involved.



‘Be the difference to ourselves, others and the world’



DATES FOR THE DIARY - WEEK 3 (Friday 14th - Friday 21st February)

DATE	TIME	EVENT
Friday 14th February to Sunday 16th	From 5.00pm Friday through to 2.00pm Sunday	Tuakana (Y5 &6) weekend leadership camp at Merc
From Monday 17th February (running all term)	8.30am - 8.50am	Free breakfast club running from the food tech room
Tuesday 18th February	5.00pm - 7.00pm	Informal meet the teacher event. Sausage sizzle/ice blocks available (\$2 cash only) or bring a picnic to enjoy. Classrooms will open from 6.00pm for a look around
Wednesday 19th February	Lunchtime	Ice blocks for sale (\$2)
	6.30pm	Board of Trustees Meeting in the Staffroom
Thursday 20th February	8.45am	Coast Families coffee morning in the Staffroom. All welcome for a coffee, sweet treat and a chat. Great way to meet new people. Little ones are more than welcome
	4.30pm - 5.30pm	Weetbix Tryathlon training at Manly Beach. Running for 4 weeks. Register on Enrolmy via our school website. \$20.
Friday 21st February	2.45pm - 3.15pm	Ice cream wafer and ice block sales \$2

POSTPONED WATERSLIDE

Unfortunately due to the current water shortage we will have to postpone our water slide fun we had planned next week. Ice blocks will still be available for sale for \$2 on Wednesday.

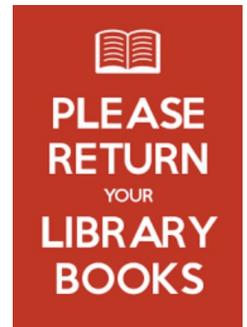


'Be the difference to ourselves, others and the world'



MISSING LIBRARY BOOKS

We are desperately trying to get our library up and running this term for the children to enjoy. However after completing an audit we have discovered that we have a very large number of outstanding library books. Please, please, please take the time over the weekend to look under beds, in old bags, down the back of the sofa for any of these books. We would really appreciate them being returned to the front office asap. Thank you in advance.



HEAD LICE & THREADWORM GUIDELINES

Already this early into the term we have had some cases of headlice. Please read the advice below:

- Please do not send your child to school if they are known to have live lice and their hair remains untreated.
- The most effective way to treat head lice is through the use of a head lice specific product and there are a large selection of both chemical and non chemical products available to choose from at local pharmacies.
- Please DO NOT use kerosene, fly spray or spot on to treat lice as these are extremely hazardous to your child's health. Only use certified head lice treatment products, available from any Pharmacy.
- The key to effective treatment is to follow the product manufacturer's instructions carefully and REPEAT the treatment in 7 days – this will break the reproductive life cycle of live lice.

For any further information or advice on this subject or any other health issues please do not hesitate to contact me directly on 09 427 0300 xtn 4340. El Mann PHN Waitemata DHB.

Threadworm treatment

Most children are likely to get threadworms during their life – especially between the ages of 5 and 14 years. Many parents feel uncomfortable admitting that their child is infected yet threadworms are neither a sign of uncleanliness nor lack of care. Anyone can become infected with threadworms. Threadworms occur more often in children than adults because children play closely together and the eggs are passed from one child to another.

The first sign of threadworm infection is usually a child complaining of an itchy bottom (anus), especially at night. The itching typically occurs at night. Other symptoms that may indicate your child has threadworms include irritability, restlessness, not sleeping well, tiredness, lack of concentration and decreased appetite or weight loss despite eating well.

Threadworms are easily treated with products available from your pharmacy. There are **tablets, suspensions, chewable tablets and even chocolate squares** i.e. something to suit all ages and for kids who can't swallow tablets. With most treatments, one dose is all that is needed. However, as worming products treat only the adult worms and don't prevent re-infestation, check again 2-4 weeks after the first treatment and retreat if necessary.



'Be the difference to ourselves, others and the world'



Responsibility - Tū tika . Resilience - Tū kaha . Kindness - Atawhai . Respect - Manaaki

Everyone who lives in the house should be treated.

To help prevent re-infection:

- Wash all bed sheets, pyjamas, towels and underwear in hot water as eggs can stick to these.
- Vacuum furniture and bedrooms and wash around the toilet to remove any eggs.
- Make sure everyone washes their hands after using the toilet and before preparing or eating food.
- Keep fingernails short and clean. Discourage nail biting and thumb sucking.

WEETBIX TRYATHLON

Last year many of our children enjoyed participating in this awesome family event. We want to encourage even more of our children to register in 2020. Leading up to the event we will support the children by offering additional fun training sessions after school. This is a great day out for the whole family to enjoy as we host a school bbq and fun games down at Manly park. Please ensure when you register through the [official Weetbix website](#) you select **'Gulf Harbour School'**.



FRIDAY AFTER SCHOOL TREATS

Friday treats at Gulf Harbour School Term 1
2.45 to 3.15pm
From the Galley



Ice Cream Wafer \$2



Ice Blocks \$2



'Be the difference to ourselves, others and the world'



GHS COMMUNITY FISHING COMPETITION!

Gulf Harbour School would like to thank these local businesses for their generosity and support of our school in sponsoring our Fishing Competition.

OUR CATEGORY SPONSORS:

- Sally Livanos and Mike Broome at Mike Pero Whangaparaoa
- The Team at Ray White Manly



OUR MAJOR PRIZE SPONSOR:

- Sally Livanos and Mike Broome at Mike Pero Whangaparaoa



OUR PRIZE SPONSORS:



- Steelworks Engineering
- Emma Jackson, Harcourts Whangaparaoa
- South Pacific Marine Services
- Gulf Harbour Marina



Thank you also to these businesses for their fabulous donations of prizes: Burnsco Marine, Phennix Kayaks, Ripples Cafe, Icey Tek, Hunting and Fishing Albany, AES Gulf Harbour, Enfield Services, HHD, Aussie Tackle, Derek Robertson, Shine On, Kiwi Angler, Fresco Family Restaurant, and JA Russells

OUR FOOD SPONSOR:



'Be the difference to ourselves, others and the world'



Responsibility - Tū tika . Resilience - Tū kaha . Kindness - Atawhai . Respect - Manaaki



'Be the difference to ourselves, others and the world'

